Wednesday, March 20th, 2019 Wednesday Night Couples Groups Balancing Life's Demands-week 5

How to keep first things first-pt.1

As iron sharpens iron, so one man sharpens another. Proverbs 27:17 (NIV)

The Problem: Many start well, but few finish well.

The Answer: Biblical Accountability

- Its Definition: Biblical Accountability is enlisting the support of those who love me to help me keep my commitments to God.
- • Its Power:

 $^9\mathrm{Two}$ are better than one, because they have a good return for their work: $^{10}\mathrm{If}$ one falls down, his friend can help him up. But pity the man who falls and has no one to help him up! $^{11}\mathrm{Also}$, if two lie down together, they will keep warm. But how can one keep warm alone? $^{12}\mathrm{Though}$ one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.

Ecclesiastes 4:9-12 (NIV)

The Need: Why accountability is essential for spiritual success

1. Because we never outgrow the need for

- 1 Corinthians 9:24-27 (NASB)
- 2. Because past successes are no quarantee of

 $^{^{24}}$ Do you not know that those who run in a race all run, but only one receives the prize? Run in such a way that you may win. 25 Everyone who competes in the games exercises self-control in all things. They then do it to receive a perishable wreath, but we an imperishable. 26 Therefore I run in such a way, as not without aim; I box in such a way, as not beating the air; 27 but I discipline my body and make it my slave, so that, after I have preached to others, I myself will not be disqualified.

 1 For I do not want you to be unaware, brethren, that our fathers were all under the cloud and all passed through the sea; 2 and all were baptized into Moses in the cloud and in the sea; 3 and all ate the same spiritual food; 4 and all drank the same spiritual drink, for they were drinking from a spiritual rock which followed them; and the rock was Christ. 5 Nevertheless, with most of them God was not well-pleased; for they were laid low in the wilderness.

- 1 Corinthians 10:1-5 (NASB)
 - 3. Because we constantly underestimate the power of our own

6Now these things happened as examples for us, so that we would not crave evil things as they also craved. ⁷Do not be idolaters, as some of them were; as it is written, "The people sat to eat and drink and stood to play." ⁸Nor let us act immorally, as some of them did, and twenty-three thousand fell in one day. ⁹Nor let us try the Lord, as some of them did, and were destroyed by the serpents. ¹⁰Nor grumble, as some of them did, and were destroyed by the destroyer. ¹¹Now these things happened to them as an example, and they were written for our instruction, upon whom the ends of the ages have come.

1 Corinthians 10:6-11 (NASB)

Discussion Ouestions

- 1. In what area of your life have you recently made a commitment to God?
- 2. From what you learned today, how could you get help in keeping this commitment?
- 3. Why is accountability so essential for all of us?
- 4. What specific steps will you take to become accountable so you can be a finisher?
- 5. Did you have a different definition of biblical accountability? If so, how was it different?
- 6. What impact has accountability made to you personally?
- 7. How has accountability been a problem for you before? Why should the church encourage accountability on a regular basis?