Wednesday, March 6th, 2019 Wednesday Night Couples Groups Balancing Life's Demands-week 3

How to put first things first- Part 1

Three reasons why most of us live with two sets of priorities:

- 1. We are ______. We honestly don't see the discrepancy between what we think and say, and how we actually live.
- 2. We are ______. Though we long to put "first things first," we simply do not believe that God will supply our needs if we give Him the first portion of our time, our lives, and our money.
- 3. We have _____ repeatedly. Our sincere and honest efforts to put "first things first" in the past lasted only a short time and ended with frustration and disillusionment with ourselves.

So, what's the "Missing Ingredient" to living out our priorities?

- It's a RARELY USED word.
- It's a _____ of the Spirit.
- \bullet It comes to us by ____.
- We it in others.
- It's ESSENTIAL for putting "first things first."

The Word =

Definition: Discipline is doing what needs to be done when it needs to be done.

Discipline is the Spirit-empowered ability given by God's grace that allows us to say "no" to the quick fix and the easy road, and say "yes" to the harder but better way. Titus 2:11-12

Discipline is a by-product of the Holy Spirit's work in our lives. Galatians 5:22-23

We are commanded to live disciplined lives. 2 Peter 1:6

Discipline is a process that is learned over time through training.

The Dynamics of Biblical Discipline Can Be Summed Up in 2 Words:

All discipline for the moment seems not to be joyful, but sorrowful; yet to those who have been trained by it, afterwards it yields the peaceful fruit of righteousness.

Hebrews 12:11 (NASB)

Discussion Questions

- 1. What does living by "two sets" of priorities produce in our emotional and spiritual lives?
- 2. List two common reasons why we tend to avoid dealing deeply with priority issues even when we know it's important.
- 3. Define discipline. How does this definition differ from your thinking about "discipline" in the past?
- 4. Why is it critical to see discipline in a positive light?