

**Romans**  
**Coronavirus: Get Through it or Grow Through It- Week #7**  
**Small Group Notes**  
**March 26 and 29**

**Main Point:** When we learn to sacrifice daily we reflect Christ's ultimate sacrifice.

**Introduction:**

During this season of our lives, what have been some sacrifices we have had to make in our lives?

What is something in your life that you would be willing to sacrifice? What is something that you would not be willing to sacrifice?

What have been some things in our lives this past week that have challenged us?  
Encouraged us?

For our group time, we are going to walk through Romans 12:1-2 and learn what it means to be a living sacrifice for Jesus.

**Discuss:**

Read Romans 12:1-2

*Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. <sup>2</sup> Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.*

**1. Growing through it takes the proper motivation.**

According to Paul, what should be our motivations for surrendering to God?

- The greater our comprehension of what God has done for us, the greater our commitment should be.

What have been some moments this week that we have been called to be committed?  
How did you follow through?

Read Genesis 22. How does this story show us God's greater sacrifice provided for us?  
How does this story call us to obey even in hard times?

Think back to the moment you were saved, how does our salvation story become a reason for us to share Jesus with others?

## **2. Growing through it means dying daily.**

- Sacrifices are no longer about taking lives but giving our lives.

Pastor Brady said that God doesn't want us to die for Him. God wants us to surrender to Him, because *He* died for *us*. To be a "living sacrifice" means surrendering everything to God. What makes total surrender so difficult?

- Living sacrifices embrace surrender daily.

"The problem with a living sacrifice is that we tend to crawl off of the altar." What ways are you crawling off the altar? What in your life are you withholding from God?

- Being a living sacrifice is merely a logical response to Christ's ultimate sacrifice.
- Total surrender is the channel through which God's best and biggest blessings flow.

## **3. Growing through it means embracing the new normal: gospel transformation.**

Read Romans 12:2 again. What two options does Paul give for how we are to live and worship? (conform or be transformed)

- Gospel transformation is about recognition and renewal.

Read 1 John 2:16, How does our culture try to make us conform to these things? What impact then does living conformed have on our lives?

- Transformation occurs when we start daily winning the mind game.

Read Colossians 3:1-2. What are some things you can do with your family or friends to set your hearts on things above?

Pastor Brady gave four ways that we can begin to renew our minds related to God's Word: Hear, Read, Study, Memorize. What is something you could do this week to try to grow in one of these areas?

- When your mind is renewed, God's will is revealed!

Do you really want God to grow you through this current situation? What are some action steps you can take today to embrace the growth that is offered?