Courage to Conquer- Discussion Guide

Session 1- Courage When Fear Dominates You

Psalm 34:1-9

Outline:

1. We need courage to offer up our praise
2. We need courage to own our problem
3. We need courage to overcome through prayer
4. We need courage to obtain God’s provision
   1. God’s provision involves deliverance
   2. God’s provision involves a Deliverer

Application:

1. Read Genesis 3:1-11

* What did he identify as the source of his fear?
* Why was he really afraid to come face-to-face with God?
* How reasonable is it to be afraid if we have sinned against God and not “come clean”?
* Is there anything in your life that makes you fearful of meeting God face-to-face? What should you do to be free of that fear?

2. Read 2 Corinthians 12:7-10

* Explain why this statement is true: “The weaker we get, the stronger God gets.”
* What experiences have you had that would parallel Paul’s- discovering God’s strength in a time of weakness?
* Since God chose not to remove the source of Paul’s weakness, what kind of lifestyle was Paul required to develop (verse 10)?

3. Read Matthew 10:26.

* Define the fear of man in your own words.
* Define the fear of God in your own words.
* In our culture today, what are evidences of each (fear of God vs man)? What are examples of these lacking?

5. Read Philippians 4:6-7.

* How is anxiety synonymous with fear?
* What does verse 6 suggest you should do with your fear?
* In what way is verse 7 parallel to Elisha’s experience when faced with the Syrian army?
* How is verse 7 parallel to Psalm 34:7?
* What things do you fear the most in your life? What insights have you gained from this lesson that will help you have the courage to conquer those fears?