



Battle of the Sexes- Session 1- Manhood  
Genesis 2-3; Ephesians 2:1-7; 5:15-16

**Introduction**

At New Vision, one of our values is that we seek to challenge men. We believe that God has given a specific role to men within the church and families that if left behind can have major implications and cause confusion.

*From your personal experience, who are TV or Movie characters that have been pictures of being a man? What are some of the common characteristics? How are they different? How has the picture of being a man changed across generations from 50 years ago, 25 years ago, 10 years ago?*

**1. Origins of Biblical Manhood**

1. The **significance of man**: Genesis 2:7-8.

*Based on what you have read or heard from today's study, how would you define an image bearer? What impact does it make in your life to know that you bear the image of God? How does your self-worth change understanding that your life has a purpose just as Adam and Eve's? How does a proper understanding of God values you impact being a man or woman today?*

2. The **responsibility of man**: Genesis 2:15-17.

*What may be modern examples of keeping our responsibilities? How does the call to not eat from the tree, a call for purity? What are some specific ways that have seen men and women help each other to remain pure?*

3. The **fall of man**: Genesis 3:6-7; 9-12; 17-21.

*What is the attitude, leadership, character of Adam as a man? Where does he fail? Have you ever had an occasion where you knew what the right thing to do was, but failed to do so? What was it? What did you do instead?*

***Who does Adam blame for his sin in Genesis 3:12? (Eve- who then blames the serpent) Have you ever tried to blame something you had done on someone else and not accept responsibility? What was it?***

***How do men respond in times of shame? How do you see the value of accountability in this account? For women: how can you help restore a husband that is trying to recover from shame?***

## **2. The Call to Manhood:** Ephesians 2:1-7

***Why do so many men today remain in darkness and embrace disobedience instead of Christ? In what ways have you seen New Vision seek to challenge men?***

***What does it mean that a man may be basing his masculinity on that of the first Adam and living in his shadow? How would your life be different to live like the second Adam and following his light?***

## **3. Embracing Manhood:** Ephesians 5: 15-16.

***What may be areas that you need to reject passivity? In what areas do you need to accept responsibility? Are you leading courageously? Are you investing eternally?***

***How would your life change if you were to embrace biblical manhood? How would your family change? For single men: how would your dating life change? For single women: how has this discussion impacted what you value or look for in a future mate?***

## **Application**

**1. Know your identity:** (Galatians 4:6-7) you are a child of God.

**2. Know your weaponry:** (Ephesians 6:10-18) the Word, prayer, the Holy Spirit has already won the battle

**3. Remember past victories and rest in the future ones:** (1 Samuel 17:34-36) the greatest victory was the day Christ called you out of darkness and into his marvelous light.

**4. Practice fierce dependency:** (John 15:1-17) on Christ and on other men (like an army unit)

**5. Stay in the fight:** (2 Timothy 4:6-8) as a man, you are designed for battle.

**6. Pour courage into other men:** (1 Samuel 23:15-17) Jonathan poured into David, who pours it into his men. Who have you poured your life into?