

Wednesday, August 29th, 2018
Wednesday night couple's groups
Week 3
"From this day forward"

**FROM THIS DAY FORWARD—3
FIGHT FAIR**

Married? Had a fight? Way to church? Pancake story

We got into a fight the other day. Amy came crawling...

All couples fight: Healthy couples fight clean. Unhealthy fight dirty.
Healthy work resolution. Unhealthy press for victory.

John Gottman studied marriage for 16 yrs.
Watch couple fight 5 min, determine with 91% accuracy if divorce.

Not **if** they fight—**how** they fight!

Seeking the 1—preparing for ur 2! Someone w/ long-term friendships.

A quarrelsome wife is like a constant dripping on a rainy day.
Prov 27:15

It is better to have severe hemorrhoids than to live with a husband
who is a jerk. 2 Craig(Brady or Nick) 4:2

- 1. SEEK GOD**
- 2. FIGHT FAIR**
- 3. HAVE FUN**
- 4. STAY PURE**
- 5. NEVER GIVE UP**

... Everyone should be quick to listen, slow to speak and slow to become angry, 20 for man's anger does not bring about the righteous life that God desires. James 1:19-20

GOD'S RULES FOR FIGHTING FAIR

- **STOP TO LISTEN CAREFULLY.**

...Everyone should be quick to listen. Ja 1:19

Engaged in text conversation—Amy told me—half listening.

A fool finds no pleasure in understanding but delights in airing his own opinions. Prov 18:2

I understand why you would feel this way.
Repeat back what the person says.

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- **GUARD YOUR WORDS FAITHFULLY.**

Everyone should be quick to listen, slow to speak. Ja 1:19

Watch your tongue and keep your mouth shut, and you will stay out of trouble. Prov 21:23 NLT

Two questions to ask: Should it be said? Should it be said now?

Some things are better to discuss in non-conflict times.

3 way's I'm a blessing, 3 ways I can be a blessing

- **Never call names.**
- **Never raise your voice.**
- **Never get historical.**
- **Never say never or always.**

- **Never threaten divorce.**
- **Never quote your pastor during a fight.**