



## Hydration Process

- We are all thirsty.
- We are all guilty of trying to satisfy our thirst with lesser thirst quenchers.
- We have been invited to drink the best thing and that's from the well of the King.

### Numbers 16:28-35 (NIV)

*Then Moses said, "This is how you will know that the Lord has sent me to do all these things and that it was not my idea: <sup>29</sup> If these men die a natural death and suffer the fate of all mankind, then the Lord has not sent me. <sup>30</sup> But if the Lord brings about something totally new, and the earth opens its mouth and swallows them, with everything that belongs to them, and they go down alive into the realm of the dead, then you will know that these men have treated the Lord with contempt." <sup>31</sup> As soon as he finished saying all this, the ground under them split apart <sup>32</sup> and the earth opened its mouth and swallowed them and their households, and all those associated with Korah, together with their possessions. <sup>33</sup> They went down alive into the realm of the dead, with everything they owned; the earth closed over them, and they perished and were gone from the community. <sup>34</sup> At their cries, all the Israelites around them fled, shouting, "The earth is going to swallow us too!" <sup>35</sup> And fire came out from the Lord and consumed the 250 men who were offering the incense.*

- Drinking from the wrong well temporarily satisfies, but doesn't ultimately satisfy. (Psalm 42:1-3)

- The harder the journey, the thirstier we get. (Romans 8:28; Psalm 42:4-5)
- Remember how your thirst has been quenched in the past.

### Psalm 42:6-7 (NIV)

*My soul is downcast within me; therefore I will remember you from the land of the Jordan, the heights of Hermon—from Mount Mizar. <sup>7</sup> Deep calls to deep in the roar of your waterfalls; all your waves and breakers have swept over me.*

- Sometimes the well of the Lord does not seem to satisfy.

### Psalm 42:8-11 (NIV)

*By day the Lord directs his love, at night his song is with me—a prayer to the God of my life. <sup>9</sup> I say to God my Rock, "Why have you forgotten me? Why must I go about mourning, oppressed by the enemy?" <sup>10</sup> My bones suffer mortal agony as my foes taunt me, saying to me all day long, "Where is your God?" <sup>11</sup> Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.*

- Hydration is a process.
- To be hydrated by the right thing is a choice. (John 7:37-38; Matthew 6:33)

### John 4:11-15 (NIV)

*"Sir," the woman said, "you have nothing to draw with and the well is deep. Where can you get this living water?" <sup>12</sup> Are you greater than our father Jacob, who gave us the well and drank from it himself, as did also his sons and his livestock?" <sup>13</sup> Jesus answered, "Everyone who drinks this water will be thirsty again, <sup>14</sup> but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life." <sup>15</sup> The woman said to him, "Sir, give me this water so that I won't get thirsty and have to keep coming here to draw water."*