



Battle of the Sexes: Session 3- Womanhood
Proverbs 31:1-10; Genesis 2-3; Ephesians 5:22-33

Introduction

Are there other misconceptions (regarding biblical womanhood) that can exist? How does this list challenge men that are hearing these misconceptions? How does this list challenge women?

1. Defining Biblical Womanhood

Proverbs 31:1-10: A definition for biblical womanhood is stated as when a female has a healthy fear of God and a correct understanding of beauty.

Do you agree or disagree with this definition? Would you add anything to it?

How do these verses describe self-worth? How does this verse set women free from having to be “perfect?” How do these verses free men from having to pursue the “perfect” wife?

2. What a Woman is Not...

- Less than a man.
- Same as a man
- Incomplete unless she is married.
- Defined by her appearance.

Which one of these attributes challenge your thinking of womanhood the most? Why?

Genesis 2:18, 20-25

How would you describe the relationship that is described in these verses between man and God; woman and God; and man and woman? How do these verses speak to equality? How do they speak to different purposes?

Genesis 3:15-19.

What does our world say about womanhood? Why is the origin of the sin we experience today so much from not listening to God? How can we change that?

What does it tell you about God that He promised the coming of Jesus in the midst of their sinful act? What do these verses tell you about how God views the

relationship of women to God? (we are all guilty and in need of the salvation provided in Jesus).

3. What a Godly woman is...

- Understands beauty (1 Samuel 16:7; 1 Peter 3:3-4; Proverbs 31:30; Galatians 5:22)
- Realizes she is gifted (Ephesians 2:10)
- Realizes womanhood is a call to courageous living (Galatians 3:27-28)
- Realizes she needs to be born again (John 3:3; 2 Corinthians 5:17)

From your personal experience, who is a woman that has exhibited these attributes? How can these lessons help answer any misconceptions about biblical womanhood? Do any of these attributes challenge your thinking about biblical womanhood? Why?

4. Applying Biblical Womanhood

Ephesians 5:21-27, 33.

What is your first reaction when you hear the word "submit?" What do you think it means to submit? What is the hardest thing about submitting to someone else? What are some negative responses people have to the idea of submission? How does a wife's respect for her husband help fulfill God's purpose for marriage? What does this passage say about a husband's sacrificial love for his wife?

Read Philippians 2:5-11. In what ways did Jesus submit? How does our submission make us like Jesus? How does our submission demonstrate our relationship with Jesus?

The statement is that if a woman is not gospel-centered she will be self-centered.

How does this statement challenge you? What are ways that you have seen women live a gospel-centered life versus a self-centered life?

What qualities do you see in Scripture that relate to a woman being of equal value and different purpose? What do you see in biblical women that shows how she sought to be submissive even when circumstances were not ideal? How does this relate to the call of men to relate/honor women?